



# BE WELL

## LIFESTYLE & NUTRITION

### FAQ SHEET

Do you have questions about our BE WELL Programs or cost involved? Here are frequently asked questions that may answer your question(s):

Question: How much will it cost to attend a BE WELL session and will my insurance cover it?

Answer: The program is a billable encounter (office visit) and charges will be submitted to your insurance company. Most plans cover the program 100% but you may be responsible for a copay or incur out-of-pocket responsibility based on your plan coverage. Please contact your insurance company regarding benefits coverage. (Medicaid and Medicare are accepted)

Question: Do I have to attend the sessions in person?

Answer: You will be happy to know that you have the option of attending the sessions either in person or virtually depending on your schedule. Many patients like the fact that they can switch up and attend each session according to their personal schedule. We do our best to make each session both educational and convenient. A zoom link will be sent out at the beginning of the program and you will use the same link throughout the entire 8 weeks.

Question: What if I cannot attend the first session? Can I still participate?

Answer: The goal is for you to get all that is offered during the 8-weeks so that you get the full benefit of the program. Late enrollments will be accepted through Week 3 but cut off after that session. Good news! If you miss this session, you will have an opportunity to enroll again!

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